



RECIPE CORNER

MINERAL MAKEUP RECIPES

Recipe Corner is dedicated to our customers who enjoy sharing their experiences with others who are already making their own mineral makeup and also with those who are about to embark on the wonderful journey of formulating their own makeup.

This will be an ever expanding little corner as we continue to upload recipes sent to us by some very enthusiastic ladies, so remember to check in regularly. You don't want to miss out on a new piece of makeup to add to your collection!

We have recipes from experienced formulators and also from those relatively new to making their own mineral makeup. All have one thing in common, they share a passion for making hand crafted cosmetics with pure, healthy, skin friendly ingredients that they can wear without any worries of unpleasant side effects.

Our customer's recipes are published here with their permission so please do not republish them in their original form. They have been given in good faith for the benefit of those wishing to make their own mineral makeup.

Do feel free however to adapt these recipes in any way you wish or just use them 'as is'. If adapted they can then become unique to you and will be your own creations. The idea here is for everyone to share experiences, have some fun experimenting and get a feel for the ingredients. We are all different so at the end of the day everyone will aim to make the recipes that suit their own individual needs, preferences and skin type.

If you would also like to contribute some of your own formulations, please send them in to us by email and we will print them here. By sending in your recipe you agree to allow us to format it for easy reading and then publish it here in Recipe Corner.

We have not tried or tested any of the following recipes, they are solely here as a guideline to help you get started in the wonderful world of making your own mineral make up.

Happy Formulating!

*****TOOLS FOR THE JOB*****

For all of the following recipes, we recommend that you have the following equipment available before you start.

- ✚ Rubbing Alcohol to sterilise, available at any Pharmacy
 - ✚ Covering to protect your work surface
 - ✚ An apron to protect your clothes
 - ✚ Latex or Nitrile gloves. Oxide colours are hard to wash off your fingers.
 - ✚ Measuring spoons
 - ✚ Spatulas for mixing
 - ✚ Kitchen roll/a packet of baby wipes
 - ✚ Bags or pots to store your finished product
- Always sterilise all your equipment by wiping with the alcohol before you begin formulating.

If you are planning on making your own foundation, matte eyeshadows or anything else that uses iron oxides then you will also need the following;

- ✚ A small coffee grinder
- ✚ Dust mask to use when you are grinding
- ✚ Some cling film to place over your coffee grinder before replacing the lid (stops any powders from escaping)
- ✚ Some baking paper or a paper plate to tip powders onto when testing (this makes it easier to tip back into the grinder should you need to adjust the recipe).
- ✚ A small brush for dusting the powders out of the coffee grinder this is optional but very handy. Kitchen roll can be used instead.

Tip: When grinding powders in a coffee grinder, keep tapping the sides of the grinder in between bursts to make sure any powders caught around the edge are dislodged back into the base again. Always wait for the powders to settle before taking off the lid.

Note: In some of the following recipes, a tiny scoop (0.05 ml) has been used for the smaller measurements of oxides. This scoop is in our Tools and Accessories section.

***** FOUNDATIONS *****

3 Foundation Recipes From Jessie

First find out your skin type and undertone, then make up an extra batch of just the white base powders (the first 4 ingredients on the list) and grind these together well in a coffee grinder in 10 second bursts for approximately one minute. You can then use this extra base to lighten your foundation if it turns out to be too dark for your skin when you test it. The finer you can grind foundations the better. Be sure to make notes whenever you change anything in the recipe for future reference. At the end of my foundation recipes is a guide to colour correction.

Foundation For Fair Skin – Makes A Light Warm Beige

Ingredients

2 tbsp Mica Matte
1 tsp Titanium dioxide
1 tsp Kaolin Clay
½ tsp Zinc oxide
½ tsp Yellow Iron Oxide
⅛ tsp Brown Iron Oxide
⅛ tsp Red Iron Oxide

Method

1. Place all of the ingredients in a coffee grinder (used for this purpose only), grind everything together for about one minute in 10 second bursts.
2. Check and make sure there are no oxide streaks in your foundation by taking a small amount out and rubbing into your skin. If you see any streaks of colour, grind again. Oxides need to be well ground.
3. Tip out a small amount onto a plastic plate or some baking paper and try it on your face with your kabuki brush to see whether it is a good match to your skin. If not tip it back into the grinder.
4. Add oxides in pinches to adjust the colour to suit your skin tone, regrinding well in between each addition.

Tip - Green neutralises red so if you need to cover any blemishes add one or two scoops of chromium green to make a blemish free foundation.

Foundation For Medium Skin – Makes A Warm Biscuit Shade

Ingredients

2 tbsp Mica Matte
1 tsp Titanium Dioxide
1 tsp Kaolin Clay
½ tsp Zinc Oxide
1 tsp Yellow Iron Oxide
¼ tsp Brown Iron Oxide
⅛ tsp Red Iron Oxide
1 pinch of Black Iron Oxide

Method

1. Place all of the ingredients in a coffee grinder (used for this purpose only), grind everything together for about one minute in 10 second bursts.
2. Check and make sure there are no oxide streaks in your foundation by taking a small amount out and rubbing

onto your skin. If you see any streaks of colour, grind again.

3. Tip out a small amount onto a plastic plate or some baking paper and try it on your face with a kabuki brush to see whether it is a good colour match to your skin. If not tip back into the grinder.
4. Add oxides in pinches to adjust the colour to suit your skin tone, regrinding in between each addition.

Tip: If you have a cool skin tone one or two pinches of ultramarine blue will often improve any colour to make a better match for your skin.

Foundation For Darker Skin

I like to use titanium dioxide coated with carnauba wax for ladies with darker skin as this doesn't leave an ashen look to the skin that other powders tend to do.

Ingredients

- 1 tbsp Titanium Dioxide coated with Carnauba Wax
- 1 tsp Kaolin Clay
- ½ tsp Titanium Dioxide
- ¼ tsp Zinc Oxide
- 2 tsp Yellow Iron Oxide
- 1 tsp Brown Iron Oxide
- ⅛ tsp Red Iron Oxide
- ⅛ tsp Black Iron Oxide

Method

1. Place all of the ingredients in a coffee grinder (used for this purpose only), grind everything together for about one minute in 10 second bursts.
2. Check and make sure there are no oxide streaks in your foundation by taking a small amount out and rubbing

- onto your skin. If you see any streaks of colour, grind again.
3. Tip out a small amount onto a plastic plate or some baking paper and apply with your kabuki brush to see whether it is a good colour match to your skin. If not tip back into the grinder.
 4. Add oxides in pinches to adjust the colour to suit your skin tone, regrinding in between each addition.

Colour Correction For My Foundation Recipes

- ✚ If the colour is too dark add a little more of the extra ground base you made before starting. Grind well together and retest. Repeat until the colour is right for you.
- ✚ If the colour is too yellow add a little more red iron oxide in very small pinches. Regrind and retest, repeat until you have the right colour.
- ✚ If the colour is too pale add more brown iron oxide in very small pinches. Regrind and retest, repeat until you have the right colour.
- ✚ If the colour is too red add a pinch of chromium green, grind and retest.
- ✚ Keep adding and testing with different oxides in pinches until you reach your ideal skin colour match
- ✚ If you need a darker foundation add pinches of black iron oxide and grind.
- ✚ If you like a little shimmer in your foundation, use part mica shimmer and part mica matte in your base.
- ✚ The brown iron oxide can be omitted and replaced with ultramarine blue, chromium green and black iron oxide. Use these in scoops rather than in the larger quantities. Add tiny amounts at a time, regrind and test until a match to your skin tone has been achieved.

When using matte pigments like chromium green and ultramarine blue in foundation recipes; it is important to use them in very small amounts as these are very strong pigments and are used in very small proportions compared to the other ingredients in the recipe.

Grind well in between each addition and make notes of everything you add for future reference.

Recipe From Hannah

I used this great base for almost everything including foundation, blusher, eye shadows and correctors.

Multi Purpose Base

Ingredients

1½ tsp Mica Shimmer
1½ tsp Mica Matte
1 tsp Titanium Dioxide
1 tsp Kaolin Clay
½ tsp Zinc Oxide
⅛ tsp Magnesium Stearate

Method

1. Just place all of the ingredients in a coffee grinder and grind everything together very well. The more you grind the finer the powders will be and that's good.
2. Put the ground base in a bag or pot and label. This is enough base to make foundation, blushers, eyeshadows and correctors.

Foundation For Light to Medium Skin – Makes A Pinky Beige Shade

Ingredients

4 tsps of Multi Purpose Base
6 scoops Yellow Iron Oxide
4 scoops Red Iron Oxide

Method

1. Place all of the ingredients in a coffee grinder and grind everything together very well. Grind in short bursts until all the iron oxides are well ground into the base. This takes a few minutes and when they look mixed take a bit

out and test on your face using your Kabuki brush. There should be no streaks of colour from the oxides, if there are you need to grind some more. Adjust the colour to your skin if necessary.

Tip: Always test colours on your face using your Kabuki brush to apply the powder rather than rubbing the powder on your hand with your fingers. Rubbing across your hand always looks much lighter and is not a good indication of colour match. Powders need to be well buffed into your skin to see the true colour.

Adjustment to your skin tone.

If the colour is too pale - Add 1 scoop yellow iron oxide and 1 scoop red iron oxide. Grind well again.

If the colour is too pink - Add a pinch of Chromium Green, grind well again and test. Keep adding pinches, grinding and testing until you get a good match to your skin tone.

If you have a cool skin tone - Add a pinch or two of Ultramarine Blue which will give the colour a cool undertone.

To cover any red blemishes - Add a pinch or two of Chromium Green which will help to neutralise the red.

*****BLUSHERS*****

Easy Blusher from Tanya

Ingredients

1 tbsp of Kaolin Clay
2 tsp of your favourite loose foundation
1 tsp of your favourite Coloured Mica (a vibrant pink, a strong purple or orange). Start off with 1 tsp, you can always add more if you want a more intense colour.

Method

1. Grind the foundation and the kaolin clay together
2. Add your coloured mica to the grinder
3. Grind to mix all the ingredients together well, 10 seconds grinding 10 seconds off and so on for about one minute.
4. In between grinding, keep tapping the sides or open the lid to brush the powders that have collected around the wall of the grinder back down to the bottom.

Note: Test on your cheeks to see if you have the correct shade, if not add a little more of your coloured mica and grind again. Write down your changes so that you will be able to refer to them next time you want to make another one.

2 in 1 Deep Peachy Rose Blusher from Helen

This is a slightly shimmery blusher and the easiest blusher I know how to make. It also doubles up as an eyeshadow as well!

Ingredients

1tbsp Loose Mineral Eyeshadow Base
½ tsp of Red Iron Oxide
½ tsp Snowflake (white coloured mica)

Method

1. Put everything into a coffee grinder including the white mica and grind well in bursts until completely mixed.
2. Pop into bags or pots and label.

Note: If you like less shimmer use less of the white coloured mica snowflake, you will also need to cut down on the red iron oxide a little to compensate unless you wanted a deeper colour blusher. If you prefer a completely matte blusher cut out the white coloured mica altogether and cut down the red iron oxide to ¼ tsp.

Dusky Pink Blusher from Hannah

Ingredients

2 tbsp multi purpose base (see Hannah's recipe for this base in the Foundation section)
1/8 tsp of Red Iron Oxide

Method

1. Put everything into a coffee grinder and grind well in bursts until completely mixed and there are no streaks of colour. Done!

***** CORRECTORS *****

Cheats Corrector For Red Blemishes From Kate

Ingredients

1 tbsp Kaolin Clay
¼ tsp of your favourite loose foundation
2 scoops of Chromium Green Oxide

Method

1. Grind everything together well in a coffee grinder for roughly one minute, giving the machine a rest every 10 seconds or so.
2. Test with a brush to see if it is covering any red blemishes
3. If not add a pinch more chromium green (this is a very strong pigment, so add tiny amounts at a time). Grind again.
4. As with all correctors, use sparingly and blend well into the skin where needed before you apply your foundation.

Green Corrector from Hannah

Used to cover red blemishes of the skin and applied under foundation, never after.

Ingredients

1 tsp multi purpose base (see Hannah's recipe for this base in the Foundation section)
2 scoops of Chromium Green oxide

Method

1. Put everything into a coffee grinder and grind well in bursts until completely mixed and there are no streaks of colour.

Tip: Use sparingly and apply in layers until red blemishes are covered

Apricot Corrector from Hannah

Used to cover bluish shadows under the eyes or prominent blue veins

Ingredients

- 1 tsp multi purpose base (see Hannah's recipe for this base in the Foundation section)
- 3 scoops of Red iron oxide
- 2 scoops of Yellow iron oxide

Method

2. Put everything into a coffee grinder and grind well in bursts until completely mixed and there are no streaks of colour.

Green Corrector from Bianca

Neutralises redness of the skin. Use before you apply your foundation and blend in well.

Ingredients

- 1 tsp Kaolin Clay
- 2 scoops of Chromium Green oxide

Method

1. Put everything into a coffee grinder and grind well until there are no streaks of green.

***** EYESHADOWS *****

Light Blue Matte Eyeshadow From Ana

Ingredients

1 tsp Mica Matte
½ tsp Kaolin Clay
⅛ tsp Ultramarine Blue
4 scoops Titanium Dioxide

1. Place everything in the coffee grinder.
2. Grind well in short bursts for approximately one minute or until everything is blended together very well.
3. Test it on your hand or on your eye.
4. If it is not dark enough, add an extra scoop of ultramarine and grind again.
5. Retest.

Note: Replace ultramarine blue with ultramarine pink for a matte light pink eyeshadow or with manganese violet for a lilac eyeshadow. You can also replace the mica matte with mica shimmer for a slightly shimmery eyeshadow. Adding some blue coloured mica to this makes a great eyeshadow with a little sparkle for evening wear. Just mix the mica in after you have ground the base powders and pigments together.

Cool Light Pink Matte Eyeshadow From Charlotte

Ingredients

1 tsp Kaolin Clay
1 tsp Ultramarine Pink
2 scoops Magnesium Stearate

Method

1. Put all ingredients into a coffee grinder and grind until well blended together. This could take one minute or a bit more.
2. Test to see whether the shade is correct. If you want a stronger colour just add more ultramarine pink, grind and test again.

Mid Tone Sage Green Eyeshadow From Shareen

This eyeshadow has a slightly satin finish

Ingredients

1 tsp Mica Shimmer
1/8 tsp Titanium Dioxide
4 scoops Chromium Green
2 scoops Black Iron Oxide

Method

1. Grind everything together very well in a coffee grinder
2. Test on your hand to see if the shade is to your liking

Tip: Add more chromium green to strengthen the colour or to darken it add a little more black iron oxide. To lighten just add a little more mica shimmer. To make a more blue green add a pinch of ultramarine blue.

Pale Brown Matte Eyeshadow From Hannah

Ingredients

1 tsp multi purpose base (see Hannah's recipe for this base in the Foundation section)
1/8 tsp of Brown Iron Oxide

Method

1. Put everything into a coffee grinder and grind well in bursts until completely mixed and there are no streaks of colour.

Mid Brown Matte Eyeshadow From Hannah

Ingredients

1 tsp multi purpose base (see Hannah's recipe for this base in the Foundation section)

1/8 tsp of Brown Iron Oxide

2 scoops of Black Iron Oxide

Method

1. Put everything into a coffee grinder and grind well in bursts until completely mixed and there are no streaks of colour.

Tip: You can make a variety of colours by swapping the brown for ultramarines and other oxides. You can also substitute the oxides for coloured micas for a wider variety of colours, when you do this the coloured mica part would increase. Start off with 1 tsp of base and 1 tsp of coloured mica depending on the strength of the colour of the mica chosen and adjust to our liking.

*****Mineral Veil*****

Mineral veils, setting powders or finishing veils as they can sometimes be called are normally applied after your foundation and they give that soft focus, airbrushed finish to your makeup. They can also be worn on their own for a more natural look. The ingredients can vary depending on your skin and preference but whichever ingredients you use, mineral veils are normally quite translucent.

Mineral Veil From Mariana

Ingredients

½ tsp Mica Shimmer
½ tsp Mica Matte
2 scoops of Brown Iron Oxide

Method

1. Put everything into a coffee grinder and grind well in bursts until completely mixed and there are no streaks of colour.

Tips:

If you are very pale skinned, you can leave out the brown iron oxide altogether.

If you are very dark skinned you can increase the brown oxide.

If you are making a foundation for yourself, a tip is to leave just a very small amount of the foundation in the coffee grinder when you have finished and then add your ingredients for your mineral veil to that (no oxides). This will slightly tint your veil with the perfect shade.

Mineral Veils From Valentina

This is a mineral veil with good oil absorbency. The mica matte can also be changed for mica shimmer.

For Pale Skin Tones

Ingredients

1 tsp Kaolin Clay
1 tsp Mica Matte
2 scoops of Yellow Iron Oxide
2 scoops of Red Iron Oxide

Method

1. Put everything into a coffee grinder and grind well until completely mixed and there are no streaks of colour.

Tip: If you are very pale skinned, porcelain, you can leave out the iron oxides altogether. If the colour is too pink for you then add more Yellow Iron Oxide, tiny amounts at a time until you have the right shade.

For Medium Skin Tones

Ingredients

1 tsp Kaolin Clay
1 tsp Mica Matte
2 scoops of Yellow Iron Oxide
2 scoops of Red Iron Oxide
2 scoops of Brown Iron Oxide

Method

1. Put everything into a coffee grinder and grind well until completely mixed and there are no streaks of colour.

Tip: If you need a darker tone for your skin just keep adding tiny amounts of Brown Iron Oxide until you have the right shade.

For Darker Skin Tones

Ingredients

1 tsp Mica Shimmer
1 tsp Mica Matte
2 scoops of Yellow Iron Oxide
2 scoops of Red Iron Oxide
2 scoops of Brown Iron Oxide
1 or 2 pinches of Black Iron Oxide (very strong colour so use sparingly)

Method

1. Put everything into a coffee grinder and grind well until completely mixed and there are no streaks of colour.

Tip: If you need an even darker tone for your skin just keep adding pinches of Black Iron Oxide until you have the right shade.